



[ABOUT US](#)

[TRAINING PROGRAMS](#)

[TRAINING OPPORTUNITIES](#)

[TRAINING REGIONS](#)

[PUBLICATIONS & NEWS](#)

[EXPLORE GP](#)

[PARTNER WITH US](#)

You are here: [Home](#) / [Town Profiles](#) / Vincentia

Vincentia

Vincentia is a town located in the coastal region of Jervis Bay.





Quick facts

Training region	Lower Eastern NSW
Subregion	Southern Eastern NSW
GP Synergy grouping	B
RA/MMM classification	RA2/MMM4
Population	<p>The population of Vincentia is 2,802 and is comprised of approximately 52.2% females and 47.8% males. Vincentia has a population of 90 (3.2%) indigenous people and a median age of 51.</p> <p>Vincentia is located in the South Eastern NSW Primary Health Network (SENSWPHN). This fact sheet provides an overview of the community profile for the SENSWPHN.</p>
Location	<p>Vincentia is a small town in the Jervis Bay region on the South Coast of New South Wales. It is located 25 minutes from Nowra and 3 hours from Sydney (about 200 kilometres by road). Jervis Bay's famous white-sand beaches and clear turquoise waters are amongst the safest and most beautiful in the world.</p>
Transport links	<p>There are no public airports in the Jervis Bay region so if you wish to arrive by air, you are best to fly into either the Sydney or</p>

to arrive by air, you are best to fly into either the Sydney or Canberra airports and connect to Jervis Bay and Vincentia by road, shuttle or rail. Virgin Australia, Qantas and Jetstar service both airports and car hire and connecting shuttles are available from the terminal.

There are regular City Rail services from Central Sydney that head south passing through Wollongong and arriving in northern Shoalhaven. Alternatively, the CountryLink rail service connects Canberra to Nowra in Shoalhaven, via Albion Park.

Premier Transport and Murrays Coaches both offer several coach services between Sydney and Canberra to the south coast arriving in Nowra. Nowra Coaches run a bus service between Nowra and Jervis Bay.

Industry

The main industries people from Vincentia work in are:

- Public administration and safety
- Health care and social assistance
- Education and training
- Construction
- Accommodation and food services
- Retail trade

Healthcare facilities

Shoalhaven District Memorial Hospital in Nowra is a busy acute care facility which provides which provides emergency care, medical, surgical and orthopaedic services to around 22,000 patients each year. The Hospital has an Intensive Care Unit that incorporates High Dependency and Coronary Care beds. As well as these clinical services, the hospital has a busy Obstetric Unit and Children's Ward.

Shoalhaven District Memorial Hospital is affiliated with the University of Wollongong and the University of NSW. This hospital is fully accredited by the Australian Council on Healthcare Standards (ACHS).

Nowra is the closest ambulance service.

There are four medical practices in the Jervis Bay region

Accredited GP training practices in town

[Vincentia Bay Medical](#)
[Vincentia Medical Centre](#)
[Callala Surgery](#)
[Sanctuary Point Medical Centre](#)

Doctor accommodation

N/A

Education

There are 13 public schools in the Jervis Bay region. To search for a school [click here](#).

Private schools are available in nearby Nowra.

Childcare

There are 25 preschool and day care services in the Jervis Bay region. For more information on child care options [click here](#).

Shopping

Supermarkets in the Jervis Bay region include the Jervis Bay Supermarket, Coles in Vincentia, Huskisson Supermarket, IGA in Vincentia and Aldi in nearby Nowra. Huskisson is home to some interesting boutique stores and Nowra has a number of large retail stores such as Kmart and Target and the Stockland Shopping Centre.

Places of worship

There are a number of places of worship in Jervis Bay including Catholic, Anglican, Jehovah's Witness, Baptist, Uniting, and Greek Orthodox. The nearest Buddhist Temple (Nan Tien) is in Berkeley (1 hour from Jervis Bay) and the closest Muslim Mosque (Omar Mosque) is in Gwynneville (1 hour from Jervis Bay).

Things to do

Sporting Activities
[Vincentia Rugby Club](#)
[Huskisson/Vincentia Football Club](#)
[Shoalhaven District Tennis Association](#)
[Shoalhaven Basketball Association](#)
[Shoalhaven Netball Association](#)
[Nowra-Bomaderry Rugby League Football Club](#)
[Nowra AFL Club](#)
[Walking Group Nowra](#)
[Nowra Cricket Club](#)

[Nowra Cricket Club](#)
[Nowra Golf and Recreation Club](#)
[Nowra Aquatic Park](#)

Cultural Activities

[Galamban: Extraordinary Aboriginal Experiences](#)
[Jervis Bay Wild](#)
[Shoalhaven City Arts Centre](#)
[Jervis Bay Arts](#)
[Nowra Museum and Shoalhaven Historical Society](#)

Social Media Groups

[Sanctuary Point/Vincentia Area Buy and Sell](#)

Annual Events

[Huskisson Carnival](#)
[Prosperity in the Park](#)

Points of Interest

Jervis Bay is a diverse and beautiful landscape filled with quiet beaches, towering cliffs and lush national parklands. Jervis Bay's famous white-sand beaches and clear turquoise waters are amongst the safest and most beautiful in the world. Beaches such as Hyams and Seven Mile Beach are great for swimming, kayaking, fishing, stand-up paddle boarding, boating and surfing.

Whale and dolphin watching are popular activities in Jervis Bay. There are also some great restaurants, a licensed club and the famous Husky Pub to enjoy a meal out.

For more information

[Shoalhaven Region](#)
[Jervis Bay Tourism](#)
[Shoalhaven City Council](#)

Image gallery

TRAINING REGIONS

Western NSW

North Eastern NSW

Lower Eastern NSW

ABOUT US

Who are we?

Why train with us?

Our board

Our staff

GP Synergy awards

Corporate information

Employment opportunities

Facilities hire

PARTNER WITH US

Become a training practice

How to become a corporate member

EXPLORE GP

TRAINING PROGRAMS

Australian General Practice Training (AGPT)

Procedural/rural generalist training

TRAINING OPPORTUNITIES

Aboriginal and Torres Strait Islander health

Academic research

Special interest training

Teaching and education

TRAINING REGIONS

Western NSW

North Eastern NSW

Lower Eastern NSW

PUBLICATIONS & NEWS

Transition updates

Latest news

Media releases

Annual reports

Educational resources

Papers and research

Brochures

Policies and forms

Member notices

CONNECT WITH US



GP Synergy Medical Student
Scholarship

My GP story

GP blogs

GP rotations



Copyright © 2018 GP Synergy. All rights reserved.

[Privacy](#) | [Sitemap](#) [Website By The DMA](#)

This work is licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License.



While the Australian Government Department of Health has contributed to the funding of this website, the information on this website does not necessarily reflect the views of the Australian Government and is not advice that is provided, or information that is endorsed by the Australian Government. The Australian Government is not responsible in negligence or otherwise for any injury, loss or damage however arising from the use of or reliance on the information provided on this website.