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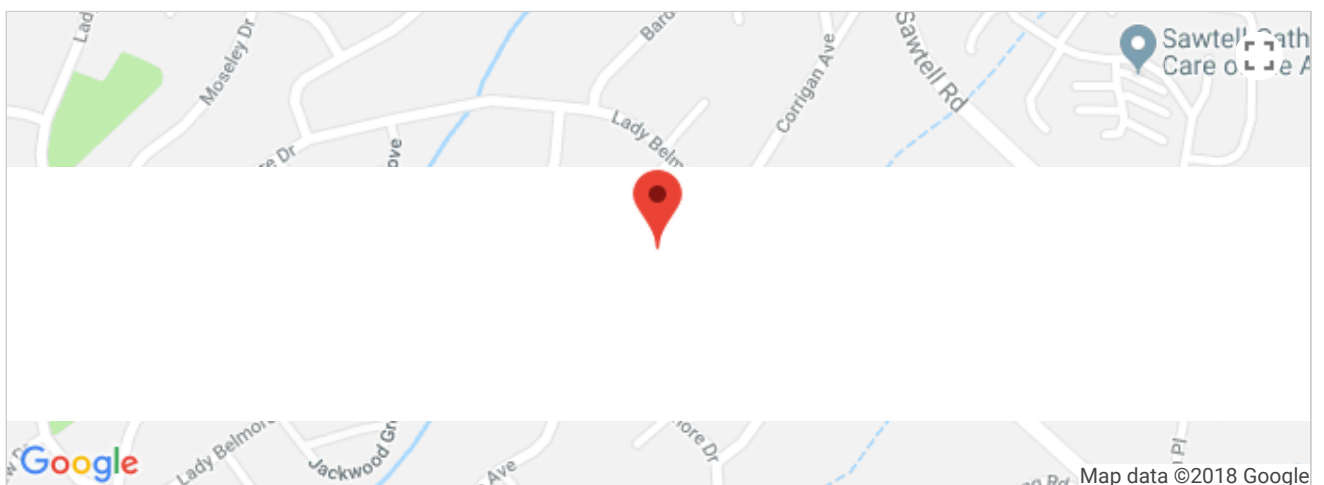
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Toormina-Sawtell

Toormina is a lovely coastal town in the Coffs Harbour region, adjacent to the seaside suburb of Sawtell.



Quick facts

Training region	North Eastern NSW
Subregion	North Coast
GP Synergy grouping	B
RA/MMM classification	RA2/MMM3
Population	<p>The population of Toormina is more than 6,000 people, the median age is 44 years. Aboriginal and Torres Strait Islander people make up 8% of the population. Nearby Sawtell has a population of more than 3,600, the median age is 46 years. Aboriginal and Torres Strait Islander people make up 4% of the population.</p> <p>Toormina and Sawtell are located within the North Coast Primary Health Network, these fact sheets provide an overview of the health needs of the North Coast community.</p>
Location	<p>Toormina is located on the Coffs Coast, just over 10 minutes south of Coffs Harbour and six minutes north of Sawtell. Toormina and Sawtell are 400 km from Brisbane and 520 km from Sydney.</p>
Transport links	<p>The closest airport is Coffs Harbour Airport, 10 minutes to the north. Regular flights operate to and from Sydney and Melbourne. Three operators service the region: QantasLink, Tiger Air and Virgin Australia.</p> <p>Coffs Harbour Railway Station is on the North Coast railway line with six XPT services daily, three heading north to Brisbane and three south to Sydney.</p>
Industry	<p>The main industries people from Toormina work in are:</p> <ul style="list-style-type: none"> Retail trade Health care and social assistance Accommodation and food services, Construction, Education and training, Manufacturing
Healthcare facilities	<p>The closest hospital is Coffs Harbour Health Campus. It has 292 beds and provides a broad range of specialist services including general medicine, surgery, day surgery, planned and emergency theatre service, coronary care (including coronary angiography unit), intensive care, obstetrics, paediatrics, 24-hour emergency department, oncology, palliative care, rehabilitation, stroke, acute renal dialysis, high dependency and mental health and an extensive range of outpatient clinics.</p> <p>Toormina and Sawtell are supported by the Coffs Harbour ambulance service.</p>

Accredited GP training practices in town

Toormina Medical Centre

Education

School in the Toormina-Sawtell area include:

[Toormina Public School](#)
[Toormina High School](#)
[Sawtell Public School](#)
[William Bayldon Public School](#)

Within the broader Coffs Harbour area there is a wide range of public and private primary to tertiary educational services.

Childcare

Toormina and Sawtell residents have access to a number of childcare options including long day care, family day care and preschool.

Shopping

Toormina Gardens offers Coles, Kmart and Woolworths along with 55 specialty stores and services, including Best and Less, and Blooms the Chemist.

The nearby city of Coffs Harbour offers a large array of additional shopping options.

Places of worship

There are many places of worship within the Toormina-Sawtell-Coffs Harbour area including Anglican, Baptist, Catholic, C3 Church, Church of Christ, Methodist Church, , Presbyterian, Salvation Army, Wesleyan Methodist Church and Uniting churches.

Dhammaduta Buddhist Association is a Coffs Harbour based Buddhist community group and Coffs Harbour also has an Islamic Musallah which offers daily prayers.

In Woolgoolga, 30 minutes to the north there is a Sikh Temple, In Guru Nanak.

Things to do

Toormina and Sawtell are peaceful coastal holiday towns, popular for beaches, fishing, golfing, swimming, surfing and boating.

Sawtell has a heritage listed cinema showing recently released movies, it hosts an international film festival in October and a short film festival in March.

The Coffs Coast offers a broad range of entertainment options available from traditional to contemporary to suit all tastes.

For more information

[Toormina Wikipedia page](#)
[Coffs Coast](#)
[Visit Coffs Harbour](#)

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