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Portland

Portland is a historic mining town and the gateway to the Central West, just two and a half hours from Sydney.





Quick facts

Training region	North Eastern NSW
Subregion	Nepean, Western and Northern Sydney
GP Synergy grouping	B
RA/MMM classification	RA2/MMM5
Population	<p>There are more than 2,000 people living in Portland, the median age of residents is 43 years. Aboriginal and Torres Strait Islander people make up 6% of the population.</p> <p>Portland is located in the Nepean Blue Mountains NSW Primary Health Network (PHN). This regional health profile provides an overview of community health for the PHN area.</p>
Location	<p>Portland is approximately two and a half hours west of Sydney. As the gateway to the Central West it is located between Oberon, Mudgee, Bathurst, Lithgow and the Blue Mountains.</p>
Transport links	<p>The closest airport is Bathurst Regional Airport, just over half an hour to the west. Regional Express (REX) Airlines provides three daily return passenger services to Sydney.</p>

The closest railway station is Lithgow Railway Station. It is approximately 25 minutes away. It is serviced by daily trains and buses to Sydney Central, Bathurst, Dubbo, Broken Hill, and Perth.

Industry

The main industries people from Portland work in are:

- Mining
- Retail trade
- Health care and social assistance
- Electricity, gas, water and waste services
- Public administration and safety
- Accommodation and food services

Healthcare facilities

Portland Tabulam Health Centre Services provides residential aged care to 22 residents, 4 sub-acute care beds, general medicine, community health services including chronic and complex care, and a range of visiting allied health services outreached from Lithgow Health Service. There is also a co-located GP practice.

Nearby hospitals are the Lithgow District Hospital (has an emergency department) and Lithgow Community Private Hospital.

Portland is supported by the NSW Ambulance Service located in Lithgow.

Accredited GP training practices in town

Portland Medical Practice

Education

Portland has two schools: [Portland Central School](#) (K-12) and [St Joseph's Primary School](#).

There are other schools in the nearby communities of Lithgow and Bathurst.

	<p>The nearest Tertiary Facility is Lithgow Campus of TAFE.</p>
Childcare	<p>For young families Portland has long day care for pre-school aged children</p>
Shopping	<p>Portland has a Foodworks Supermarket and a variety of other boutique retail stores.</p> <p>The nearby city of Bathurst has far more extensive shopping options including Woolworths, Coles, Aldi, IGA, Target, Big W, Harvey Norman and many other major retailers.</p>
Places of worship	<p>Portland has a Catholic Church. Many additional places of worship are available in the nearby towns of Lithgow and Bathurst, each only around 30 minutes from Portland.</p>
Things to do	<p>Portland is a historic mining town featuring Australia's first cement works. It is well serviced town, surrounded by a rich and diverse natural environment with many areas that are well known for outdoor recreation and popular with 4WD and dirt bike enthusiasts.</p> <p>The nearby city of Bathurst offers many great dining experiences and entertainment opportunities including Bathurst Metro, a five theatre cinema showing the latest release movies.</p>
For more information	<p>Guide to the Portland Region Portland Wikipedia page Lithgow City Council</p>

Image gallery

TRAINING REGIONS

Western NSW

North Eastern NSW

Lower Eastern NSW

RURAL TOWNS IN NEPEAN, WESTERN AND NORTHERN SYDNEY REGION

Blackheath

Lithgow

Portland

Wallerawang

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