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Port Macquarie

The town of Port Macquarie is adjacent to a stunning coastline of rocky headlands and the banks of the Hastings River estuary.





Quick facts

Training region	North Eastern NSW
Subregion	North Coast
GP Synergy grouping	B
RA/MMM classification	RA2/MMM3
Population	<p>The population of Port Macquarie is nearly 42,000 people, the median age is 46 years. Aboriginal and Torres Strait Islander people make up 3% of the population.</p> <p>Port Macquarie is located within the North Coast Primary Health Network, these fact sheets provide an overview of the health needs of the North Coast community.</p>
Location	<p>Port Macquarie is located on the Mid North Coast of New South Wales, about 390 km north of Sydney, and 570 km south of Brisbane. Port Macquarie is coastal township at the mouth of the Hastings River, featuring all the beauty of the beach, set alongside gorgeous national parks and offering an array of attractions including great restaurants, cafes and shopping.</p>

Transport links

Port Macquarie Airport is 4.5km from Port Macquarie's town centre. QantasLink operates daily direct services from Port Macquarie to Sydney, with connecting flights to a wide range of destinations across Australia and internationally. QantasLink also operate seasonal summer services (October – May) from Port Macquarie to Lord Howe Island.

Virgin Australia operate daily direct services from Port Macquarie to Sydney and Brisbane, with connecting flights to a wide range of destinations across Australia and internationally.

The XPT train service between Sydney and Brisbane stops at Wauchope, 20 mins inland from Port Macquarie, daily. A coach connection is provided for passengers travelling to Port Macquarie from Wauchope Station.

Comfortable air-conditioned coaches provide daily services from Brisbane and Sydney. Greyhound Australia and Premier Motor Service both service the Greater Port Macquarie area.

Industry

The main industries people from Port Macquarie work in are:

- Health Care and Social Assistance
- Retail trade
- Accommodation and Food Services
- Education and Training
- Construction
- Public Administration and Safety

Healthcare facilities

Port Macquarie Base Hospital is a major referral hospital for the Hastings Macleay Network. With 195 beds, it provides the majority of specialist medical and surgical services for the network. The hospital includes specialist wards/units for general medicine, surgery, day surgery, planned and emergency theatre service, coronary care, intensive care, obstetrics, paediatrics, 24 hour emergency department, oncology, palliative care, rehabilitation, stroke, acute renal dialysis, high dependency and mental health and an extensive range of outpatient clinics.

Allied health services, including occupational therapy, speech pathology, social work, physiotherapy, dietetics, radiology, pathology, and pharmacy, are an integral part of the organisation and contribute to the high level of patient care

Port Macquarie is supported by NSW ambulance service.

Accredited GP training practices in town

Australian Skin Cancer Clinic - Port Macquarie
 Clifton Medical Centre
 Five Star Medical Centre
 Flynns Beach Medical Centre
 Focus Medical Centre
 Greenmeadows Medical
 Pacific Plaza Medical Centre
 Port Family Practice
 Port Macquarie GP Super Clinic
 Port Macquarie Medical and Dental Centre
 Port Macquarie Skin Cancer Clinic
 The Good Shepherd Medical and Dental Centre
 The Grange Family Medical Centre
 Werin Medical Clinic
 Westside Medical Centre

Education

Port Macquarie offers four public and five private primary schools and one public and three private secondary schools.

There is also [North Coast TAFE, Port Macquarie Campus](#) and [Charles Sturt University, Port Macquarie Campus](#).

Childcare

For young families the Port Macquarie region offers [a wide range of options](#) suitable for children from 6 weeks to school aged, for occasional care, long day care, family day care and pre-school.

Shopping

Supermarkets include Woolworths, Coles, Aldi and SUPA IGA and major retailers such as Target, Kmart and Big W are all located in Port Macquarie. The main shopping streets in Port Macquarie's city centre are Horton and Clarence Streets. These two hubs are alive with fashion boutiques, popular chain stores, quirky homewares and a number of gift shops where you can pick up a

homewares and a number of gift shops where you can pick up a locally-made piece.

Also in the heart of town are Settlement City and Port Central, both open 7 days a week. These shopping centres provide a complete shopping experience, with a range of local and national fashion retailers, banks, supermarkets and food courts.

Places of worship

There are many place of worship located in Port Macquarie, including Anglican, Australian Christian, Baptist, Catholic, Lutheran, Presbyterian and Uniting churches. The [Losang Dragpa Kadampa Buddhist Centre](#) is located in Port Macquarie.

Things to do

The best way to appreciate the beauty of natural landscapes in this region is by getting out and enjoying the diverse range of activities, ranging from regular sports to adrenalin-pumping adventure. Air sports include skydiving and paragliding, and you will be wowed by the sight of beautiful beaches, rivers, lush farming country and forests. Also on offer is horse riding, surfing, boating, cycling, water skiing, kayaking and wake boarding along with golf, tennis, bowls and fishing.

Greater Port Macquarie is becoming known as a key destination for food and wine enthusiasts, and locals take great pride in the quality of their produce, beers and premium wines. There are a range of galleries and museums in Port Macquarie as well as a cinema.

For more information

[Port Macquarie info](#)
[Visit Port Macquarie](#)
[Port Macquarie tourism](#)
[Port Macquarie Hastings Council](#)

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