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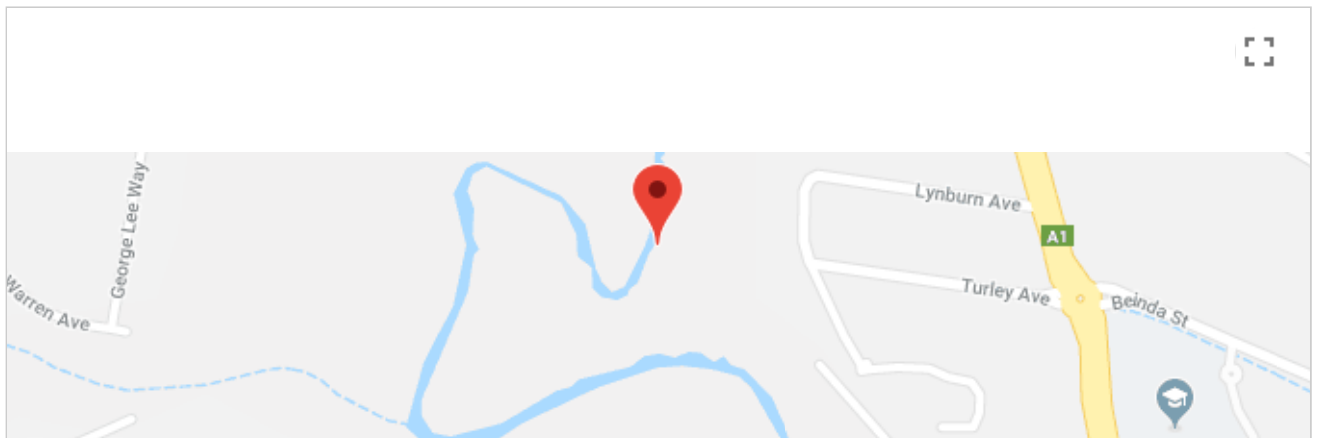
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## Nowra-Bomaderry

The commercial and administrative hub of the Shoalhaven region, Nowra is located on the southern shores of the Shoalhaven River. The town of Bomaderry is on the river's northern shores.



## Quick facts

<b>Training region</b>	Lower Eastern NSW
<b>Subregion</b>	Southern Eastern NSW
<b>GP Synergy grouping</b>	B
<b>RA/MMM classification</b>	RA2/MMM3
<b>Population</b>	<p>With neighbouring Bomaderry, Nowra has an estimated population of more than 35,000, the median age is 42 years. Aboriginal and Torres Strait Islander people make up 3% of the population.</p> <p>Nowra-Bomaderry is located within the <a href="#">South Eastern NSW Primary Health Network</a>, this <a href="#">Population Health Profile</a> provides an overview of community health for the region.</p>
<b>Location</b>	<p>Nowra is located 170 km south of Sydney (2 hr 20 min drive) and only 80 km (60 min drive) from Wollongong.</p> <p>Close to Nowra is Bundanon, a 1100 hectares property on the Shoalhaven River, a gift from the Australian artist Arthur Boyd. Bundanon is a popular location to experience a range of arts from music to the visual and performance arts.</p>
<b>Transport links</b>	<p>The closest airport to Nowra is Sydney airport (2 hours by road).</p> <p>Regular City Rail train services are available departing Sydney from Central Station and heading south through Wollongong to Bomaderry where the South Coast line ends.</p> <p>There are a number of bus and coach services available throughout the Shoalhaven.</p>
<b>Industry</b>	<p>The major sources of employment in Nowra are:</p> <ul style="list-style-type: none"> <li>Health care and social assistance</li> <li>Retail trade</li> <li>Public administration and safety</li> <li>Accommodation and food services</li> <li>Construction</li> <li>Manufacturing</li> </ul>
<b>Healthcare facilities</b>	<p>Shoalhaven District Memorial Hospital is a busy acute care facility which provides emergency care, medical, surgical and orthopaedic services. The hospital has an intensive care unit that incorporates high dependency and coronary care beds. As well as these clinical services, the hospital has a busy obstetric unit and children's ward.</p> <p>Shoalhaven District Memorial Hospital is affiliated with the University of Wollongong and the University of NSW. This</p>

hospital is fully accredited by the Australian Council on Healthcare Standards (ACHS).

Nowra is supported by an ambulance service.

### Accredited GP training practices in town

Grand Pacific Health Nowra  
 Junction Street Family Practice  
 Meroo Street Family Practice  
 Moss Street Medical Practice  
 North Nowra Medical Practice  
 South Coast Medical Service Aboriginal Corporation  
 Waminda South Coast Women's Health & Welfare Aboriginal Corporation  
 Worrigee Street Medical Centre  
 Worrigee Medical Centre

### Education

There are eight schools in Nowra-Bomaderry as well as a TAFE College.

[Nowra Public School](#)  
[Nowra East Public School](#)  
[St Michael's Catholic Primary School](#)  
[Nowra Anglican College](#)  
[Nowra High School](#)  
[Shoalhaven High School](#)  
[St John the Evangelist Catholic High School](#)  
[Bomaderry High School](#)  
[TAFE Illawarra](#)

### Childcare

There are numerous pre-schools, day care and child care centres in the Nowra-Bomaderry area.

### Shopping

Nowra is home to a number of supermarkets including Coles, Woolworths, Aldi and IGA and major retail outlets including Bunnings, Target, Kmart, Cotton On, Spotlight, Officeworks and Barbeques Galore. The Stockland Shopping Centre houses many well-known stores and brands.

### Places of worship

There are a number of places of worship in Nowra including Catholic, Anglican, the Church of Jesus Christ of Latter-day Saints, Baptist and Uniting churches. The nearest Buddhist temple (Nan Tien) is in Berkeley (1 hour from Nowra) and the closest mosque (Omar Mosque) is in Gwynneville (1 hour from Nowra).

### Things to do

#### Sporting Activities

[Nowra-Bomaderry Rugby League Football Club](#)  
[Nowra AFL Club](#)  
[Walking Group Nowra](#)  
[Shoalhaven District Tennis Association](#)  
[Nowra Cricket Club](#)  
[Shoalhaven Basketball Association](#)  
[Shoalhaven Netball Association](#)  
[Nowra Golf and Recreation Club](#)  
[Nowra Aquatic Park](#)

#### Cultural Activities

[Nowra Photography Group](#)  
[Shoalhaven City Arts Centre](#)  
[Nowra Museum and Shoalhaven Historical Society](#)

**Social Media Groups**

- [Nowra News](#)
- [Nowra Buy and Sell](#)
- [Pay It Forward Nowra NSW](#)
- [Bomaderry/Nowra Mums](#)

**Annual Events**

- [Nowra Show](#)
- [Prosperity in the Park](#)

**Points of Interest**

The local area grows bountiful produce, with commercial vegetable gardens adjoining the city and hard-to-beat local seafood available in town. The Shoalhaven Entertainment Centre hosts visiting and local entertainers and shows. The Shoalhaven City Arts Centre houses an ever changing array of excellent works by local artists. Nowra has a strong sports focus with plenty of facilities and local teams.

The Shoalhaven has a reputation for well established and colourful weekend markets. Nowra is no exception, offering monthly artisan markets at the City Art Gallery and the increasingly popular Twilight Markets on the grass outside the Entertainment Centre during summer.

**For more information**

- [Shoalhaven Region](#)
- [Nowra Tourism](#)
- [Shoalhaven City Council](#)

**Image gallery**

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