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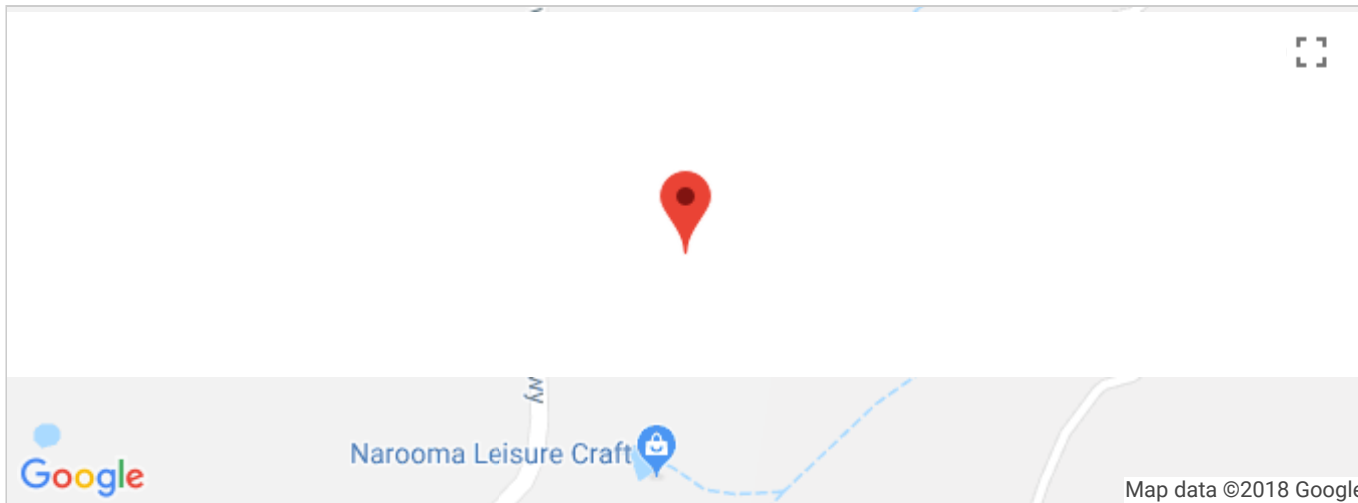
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Narooma

Narooma comes from the Aboriginal for 'clear, blue water' and the vibrant aqua colours of Wagonga Inlet, set against the

spectacular backdrop of Gulalga Mountain, are the first things visitors see as they arrive from the north.



Quick facts

Training region	Lower Eastern NSW
Subregion	Southern Eastern NSW
GP Synergy grouping	B
RA/MMM classification	RA3/MMM5
Population	<p>The population of Narooma is 2,500 people, the median age is 53 years. Aboriginal and Torres Strait Islander people make up 4% of the population.</p> <p>Narooma is located within the South Eastern NSW Primary Health Network, this Population Health Profile provides an overview of community health for the region.</p>
Location	<p>Narooma is a town in on the far south coast of NSW. The town is on the Princes Highway, 350 km from Sydney (5 hour drive) and 220 km from Canberra (3 hour drive).</p>
Transport links	<p>Moruya Airport (50 min drive from Narooma) is serviced by Regional Express (REX) offering daily flights to and from Sydney. Flights from Melbourne (via Merimbula) operate Monday to Saturday.</p> <p>There are a number of coach companies offering daily services to the Eurobodalla Coast from Sydney, Canberra and Melbourne.</p> <p>Local bus services run regular timetables in Batemans Bay, Moruya and Narooma.</p>
Industry	<p>The main industries in Narooma are:</p> <ul style="list-style-type: none">Accommodation and food servicesRetail tradeHealth care and social assistanceConstructionEducation and training

Public administration and safety

Healthcare facilities

The closest hospital to Narooma is Moruya Health Service (40 minutes drive north of Narooma) includes a 64 bed acute care hospital providing general surgery, general medicine, obstetric, paediatric, oncology, renal dialysis, high dependency care and emergency services. The hospital is supported by Visiting Medical Officer (VMO) specialists and VMO GPs. On-site seven day a week services include radiology, pathology and emergency surgery.

Narooma is supported by a NSW Ambulance Service station.

Accredited GP training practices in town

Katungul Aboriginal Medical Services - Narooma
Lighthouse Surgery

Education

There are two schools in Narooma: [Narooma Public School](#) and [Narooma High School](#).

Childcare

There are pre-schools and child care centres in Narooma.

Shopping

Narooma has two supermarkets, Woolworths and IGA and a number of boutique and specialty stores.

Less than one hour away are the townships of Bega to the south and Batemans Bay to the north. The Bridge Plaza in Batemans Bay is home to a number of supermarkets and major retail outlets and situated in central Bega, the Sapphire Marketplace is the major shopping destination of the Sapphire Coast region.

Places of worship

Places of worship in Narooma, include Catholic, Anglican, Seventh Day Adventist and Uniting churches. The nearest Buddhist temples and mosques are located in Canberra (3 hours from Narooma).

Things to do**Sporting Activities**

[Narooma Netball](#)

[Narooma Golf Club](#)

[Narooma Lions AFL Football Club](#)

Narooma Redbacks Football Club
Narooma Devils Rugby League Club
Eurobodalla District Tennis Association

Cultural Activities

Ngaran Ngaran Culture Awareness Tour
Narooma School of the Arts and Narooma Arts Centre
Yoga Narooma
Narooma Pilates

Social Media Groups

Narooma Notice Board
Narooma – Eden Buy Sell Swap Free

Annual Events

Narooma Oyster Festival
River of Art
Narooma BoatsAfloat Festival

Points of Interest

The independently run Narooma Cinema has developed a reputation for the variety of films screened on its two screens including current releases with art house and foreign films popular.

The famous Narooma Golf Course with its unique and stunning coastal setting is both a challenge for serious golfers and a pleasure to play for the not so serious. The 3rd Hole at Narooma Golf Course has now been officially recognised as one of the country's best, with induction into the Australian Golf Digest Golf Holes Hall of Fame.

Narooma is also a prime spot for whale watching during whale migration season between June and November, either on a cruise or from the headland.

If you love the outdoors, visit the stunning Montague Island, just under 10km off Narooma's shores, where the sea teems with marine life, making the island a haven for seabirds and seals.

marine life, making the island a haven for seabirds and seals. Once a hunting ground for the local Wallaga and Djiringanj people, Montague Island is home to NSW's only known colony of Australian fur seals, as well as sea eagles, penguins, mutton birds, hawks, terns, silver gulls, harriers and peregrine falcons.

Snorkelling and scuba diving with seals are popular activities in the area.

For more information

[Eurobodalla Region](#)
[Narooma Tourism](#)
[Eurobodalla Shire Council](#)

Image gallery



Diving with seals



Narooma district



Narooma streetscape



Rocks on beach



Beach fishing

TRAINING REGIONS

Western NSW

North Eastern NSW

Lower Eastern NSW

RURAL TOWNS IN SOUTHERN EASTERN REGION

Basin View-Sanctuary Point

Batemans Bay

Bega

Bermagui

Berry

Bowral

Braidwood

Bundanoon

Bungendore

Callala Bay

Cooma

Crookwell

Culburra Beach

Eden

Goulburn

Hill Top

Jindabyne

Merimbula-Pambula

Mittagong

Moruya

Moss Vale

Narooma

Nowra-Bomaderry

Shoalhaven Heads

Tahmoor

Tathra

Ulladulla-Milton-Mollymook

Vincentia

Yass

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