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Lithgow

Sitting on the western edge of the sandstone country of the Blue Mountains, Lithgow is considered the first true country town west of Sydney.



Quick facts

Training region	North Eastern NSW
Subregion	Nepean, Western and Northern Sydney

GP Synergy grouping	B
RA/MMM classification	RA2/MMM4
Population	<p>Lithgow has a population of more than 5,000 people, the median age of residents is 44 years. Aboriginal and Torres Strait Islander people make up 4% of the population.</p> <p>Lithgow is located in the Nepean Blue Mountains NSW Primary Health Network (PHN). This regional health profile provides an overview of community health for the PHN area.</p>
Location	<p>Located in the western foothills of the Blue Mountains, Lithgow is the home to the iconic zig-zag railway. The town is the centre of a coal mining district and there are two coal-powered power stations nearby.</p> <p>It is a 2 hour drive west of Sydney and 50 minutes east the major regional centre of Bathurst.</p>
Transport links	<p>The closest regional airport is in Bathurst, which is a 50 minute drive from Lithgow, and provides daily flights to Sydney.</p> <p>Sydney Airport is only 2.5 hours' drive away.</p>
Industry	<p>The major sources of employment in Lithgow are:</p> <ul style="list-style-type: none">MiningHealth care and social assistancePublic administration and safetyRetail tradeAccommodation and food servicesManufacturing
Healthcare facilities	<p>Lithgow Health Service consists of a 46 bed public hospital, a comprehensive community health centre. Also located on the campus are Lithgow Health Service Community Private Hospital,</p>

Three Tree Lodge and Lithgow Health Service Specialist Medical Centre. The hospital provides 24 hour emergency department supported by on call medical services.

Nepean Hospital at Penrith is the referral centre and is 60 minutes by road.

Lithgow is supported by its own NSW Ambulance Service station.

Accredited GP training practices in town

Bowenfels Medical Practice
Lithgow Medical Clinic
Ochre Health Medical Centre Lithgow

Education

Lithgow has three primary schools and two high schools:

[Lithgow Public School](#)
[Coerwull Public School](#)
[St Patricks Primary School](#)
[Lithgow High School](#)
[La Salle Academy](#)

Childcare

Lithgow offers young families a number of options suitable for children from 6 weeks to school aged, for [occasional care](#), [long day care](#) and [pre-school](#).

Shopping

Lithgow has Coles, Woolworths, Aldi and IGA stores. It also has a Target and a number of national retail chains. The major regional centre of Bathurst is just 40 minutes away.

Places of worship

There many places of worship located in Lithgow including Anglican, Baptist, Catholic, Uniting and Presbyterian churches. The nearest mosque is in Bathurst.

Things to do

Lithgow is adjacent to a number of national parks and other attractions. Places to visit include the Zig Zag Railway, Glow Worm Tunnel and Glen Davis in the Capertee Valley, the second largest canyon in the world. It is also close to Jenolan Caves, which are a World Heritage Area.

In Lithgow, Ironfest is by far, the biggest tourist attraction, in terms of visitor numbers. This annual cultural heritage event attracts over 10,000 visitors a year. Ironfest hosts the annual St George's Day Jousting Tournament which involves contestants from all around the world.

For more information

[Guide to Lithgow](#)
[Lithgow Wikipedia page](#)
[Lithgow City Council](#)

Image gallery



Main Street



Woolworths



Bunnings



Health Campus



Main Street

TRAINING REGIONS

Western NSW

North Eastern NSW

Lower Eastern NSW

RURAL TOWNS IN WESTERN REGION

Bathurst

Blayney

Broken Hill

Coolah

Coonabarabran

Coonamble

Cowra

Dubbo

Forbes

Gilgandra

Gulgong

Kandos

Molong

Mudgee

Narromine

Oberon

Orange

Parkes

Wellington

RURAL TOWNS IN NEPEAN, WESTERN AND NORTHERN SYDNEY REGION

Blackheath

Lithgow

Portland

Wallerawang

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