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Cooma

Known as the gateway to the Snowy Mountains, the idyllic town of Cooma offers ready access to Australia's winter wonderland while still being in easy reach of the city of Canberra.

Quick facts

Training region	Lower Eastern NSW
Subregion	Southern Eastern NSW
GP Synergy grouping	C
RA/MMM classification	RA3/MMM4
Population	<p>The population of Cooma is more than 6,000 people, the median age is 42 years. Aboriginal and Torres Strait Islander people make up 3% of the population.</p> <p>Cooma is located within the South Eastern NSW Primary Health Network, this Population Health Profile provides an overview of community health for the region.</p>
Location	Cooma is located 114km (80 min) south of Canberra, via the Monaro Highway. It is also on the Snowy Mountains Highway, that connects Bega with the Riverina.
Transport links	<p>Regional Express (REX) conduct year-round return flights from Sydney into Snowy Mountains Airport (Cooma). The nearest major airport is in Canberra, 80 minutes drive from Cooma.</p> <p>NSW Train Link operates a regional train and coach service that can take you to most key locations around the region including Jindabyne, Cooma, Tumut, Tumbarumba, Berridale, Dalgety and Bombala.</p>
Industry	<p>The main industries people from Cooma work in are:</p> <ul style="list-style-type: none"> Retail trade Health care and social assistance Public administration and safety Accommodation and food services Construction

Education and training

Healthcare facilities

Cooma District Hospital is a regional public hospital (less than 50 beds) with an emergency department and maternity ward.

The closest major referral hospital is Canberra Hospital 80 min drive to the north.

Cooma is supported by a NSW Ambulance Service station.

Accredited GP training practices in town

The Bombala Street Surgery
The Sharp Street Surgery

Education

There are two public and two private primary schools as well as one public and two private secondary schools in Cooma:

[Cooma Public School](#)
[Cooma North Public School](#)
[St Patrick's Parish School \(K-10\)](#)
[Snowy Mountains Christian School \(K-10\)](#)
[Monaro High School](#)

Childcare

There are five pre-school, day care or child care options in Cooma. For more information on child care options [click here](#).

Shopping

There is a Coles, Woolworths and Aldi supermarket and a Target in Cooma as well as an array of speciality outlets. Extensive shopping opportunities are available in Canberra.

Places of worship

There are a number of places of worship in Cooma including Catholic, Anglican, and Uniting churches. The nearest Buddhist temples and mosque are located in Canberra (80 minutes to the north).

Things to do

Sporting Activities
[Cooma Cricket Club](#)

[Cooma Royal Tennis Club](#)
[Cooma Netball Association](#)
[Cooma Golf Club](#)
[Cooma Stallions Rugby League](#)
[Cooma Football Club](#)
[Cooma Gun Club](#)
[Cooma Swim Centre](#)

Cultural Activities

[Cooma Little Theatre](#)
[Cooma Rotary Club](#)
[Cooma Twin Cinema](#)

Social Media Groups

[Cooma Notice Board](#)
[Cooma Buy and Sell](#)
[Cooma Mums](#)

Annual Events

[Cooma Show](#)
[Cooma Rodeo](#)

Points of Interest

In Cooma and the nearby Snowy Mountains, there's lots to do all year round. In winter you can enjoy the nearby snowfields, while in the warmer months the region comes to life with adventure activities, events, festivals and attractions for everyone.

The snowy mountains region offers fabulous food and wine and photo opportunities at every turn. You can also go swimming, kayaking, sailing or water skiing in our magnificent lakes and waterways or relax with a glass of cold climate wine, beer or schnapps whilst taking in the amazing sights.

If you enjoy a night out at the movies, Cooma has its own twin cinema, while nearby Canberra offers a broad range of dining and entertainment options.

For more information

Visit Snowy Mountains
Tourism Snowy Mountains
Cooma-Monaro Shire Council

Image gallery

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Lower Eastern NSW

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(AGPT)

Procedural/rural generalist training

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health

Academic research

Special interest training

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