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Brunswick Heads

Brunswick Heads is a small unspoilt beautiful coastal village on the NSW north coast, situated at the mouth of the Brunswick River.



Quick facts

Training region	North Eastern NSW
Subregion	North Coast
GP Synergy grouping	B
RA/MMM classification	RA2/MMM5
Population	<p>The population of Brunswick Heads is nearly 2,000 people, the median age is 49 years. Aboriginal and Torres Strait Islander people make up 2.2% of the population.</p> <p>Brunswick Heads is located within the North Coast Primary Health Network, these fact sheets provide an overview of the health needs of the North Coast community.</p>
Location	<p>Brunswick Heads is a town on the north coast of New South Wales, in the Byron Shire, situated at the mouth of the Brunswick River. It is located 795 km north east of Sydney, 148 km south east of Brisbane and 18 km north of Byron Bay and is across the river from the town of Ocean Shores.</p>

Brunswick Heads has remained almost unchanged and is very much a traditional, relaxed and unpretentious coastal town. The area has white sandy beaches, a breakwater and harbour, making it a great location to enjoy a wide range of water activities such as yabbing, boating and kayaking.

Transport links

The closest regional airport is in Ballina, which is a 30 minute drive from Brunswick Heads. Jetstar, Regional Express Airlines (REX) and Virgin Australia offer daily direct services to Sydney, while Jetstar also provides daily direct services to Melbourne and Regional Express Airlines (Rex) to Newcastle.

Industry

The major sources of employment in Brunswick Heads are:

- Accommodation and food services
- Health Care and Social Assistance
- Retail
- Education and Training
- Construction
- Manufacturing

Healthcare facilities

Brunswick Heads is located just 30 minutes from Ballina District Hospital or 46 minutes from Lismore Base Hospital.

[Ballina District Hospital](#) is a level 3 rural hospital, within the Northern New South Wales Local Health District, providing care to over 8,300 patients every year and has over 17,800 Emergency attendances annually.

[Lismore Base Hospital](#) is a regional referral, level 5 base hospital and the hospital undertakes over 8,100 surgical procedures annually. It is an accredited teaching hospital and the largest hospital within the Local Health District.

Brunswick Heads is serviced by NSW ambulance service.

Accredited GP training

Brunswick Heads Medical Centre

practices in town

Education

Brunswick Heads has one public primary school: [Brunswick Heads Public School](#).

In Mullumbimby, which is a 10 minute drive from Brunswick Heads, there are two public and two private primary schools and one secondary school.

Childcare

Brunswick Head offers young families [a few options](#) suitable for children from 6 weeks to school aged for long day care and preschool.

Shopping

For a small, seaside village Brunswick Heads boasts an exceptional range of beautiful shops and markets and has an exciting mix of shops for the young, old and the daring, with the friendly, personal service you so rarely find elsewhere. There is an IGA, Woolworths and Coles supermarket in Brunswick Heads.

Much more extensive shopping opportunities are available in the nearby regional town of Ballina which is a 30 minute drive from Brunswick Heads.

Places of worship

There are a number of places of worship located in Brunswick Heads including, but not limited to, Anglican, Catholic, and Uniting churches.

In Byron Bay, just under 20 minutes to the south there are additional options including [Bahai Faith](#), and [Chabad](#).

The [Bodhitree Forest Monastery and Retreat Centre](#) is a 50 minute drive to Tullera, while The [Australian Tibetan Buddhist Centre \(ATBC\)](#) is 45 minutes away in Smith Creek.

Things to do

Brunswick Heads Nature Reserve offers all the pleasures of the great outdoors including fishing, canoeing, birdwatching or picnicking with a view.

Dhinawan Dreaming offers cultural workshops such as art, bush tucker and bush medicine, didgeridoo and dance workshops and educational lectures and as an Aboriginal entertainer and lecturer, Dhinawan performs at opening and closing ceremonies for events, conferences, seminars and functions.

The Brunswick Picture House, is a mixed arts venue, with an adjoining café and hosts live theatre, children's shows, circus performances, cabaret and classic films. Brunswick Heads also has weekend and monthly markets where you can pick up homemade gifts and produce or that unusual gift.

Brunswick Head is a 19 minute drive from Byron Bay and a 30 minute drive from Ballina, where you will also have a large variety of events, festivals and things to do.

For more information

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